







# Saguisag weaned off respirator

A DAY AFTER HE WAS FINALLY told of his wife's death, Roman Saguisag's condition continued to improve and his doctors began to wean him off the respirator that had helped him breathe.

The split in his blood pressure on Monday morning also

helped his wife Dolan find it hard to see another day. Saguisag's condition was such that he did not have an adverse effect on his own, all conditions, said Dr. Eric Huelga, head of Makati Medical Center's patient relations office.

"I am already helping the

meeting and he was very calm. He looked very composed," Huelga told reporters who he is used to the line of new medical facilities for the day.

He said the "sudden" presence from the weekend's "last day" in which doctors were to begin returning the body to

normalcy.

Saguisag suffered severe head and chest injuries, resulting from a fall in his left side, in the early Thursday morning accident at Davao Highway and Avenue in Makati City where a jeep track slammed into the

Saguisag's wife.

Julio Saguisag, 44, died at the scene while the family driver, Philip Calabro, and driver instructor Rino Obong were injured. Calabro was severely hurt and is still confined in the intensive care unit area in Saguisag.

AP/Inq



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# ESCALATING COSTS: A CRISIS FOR MANY FILIPINOS. A TEST FOR GOOD GOVERNANCE.

Shortages in essential goods, together with rising prices of fuel, energy, transport and basic commodities have a tremendous impact on most Filipinos, especially the poor. Higher prices reduce one's purchasing power, take home pay, and impoverish many.

**EVERYONE THUS MUST BUCKLE DOWN TO WORK. A CRISIS IS LOOMING. CONSIDER THE FOLLOWING:**

## **FUEL COST WILL CONTINUE TO RISE**

Oil is pushing in the range of \$ 95 to \$ 100 per barrel. The reason is both a demand and a supply problem. Demand keeps rising due to increasing requirements of high-growth countries like China and India and the onset of the winter season.

Oil will remain the main source of fuel and energy in this century. Even as supply is tightening. The major oil-producing countries like Iran, Iraq and Nigeria have had problems. Globally, there is a serious shortage of refining capacity. Most refinery facilities are old and outmoded. A new refinery takes at least three years to complete.

## **WE URGE FULL COMPLIANCE WITH SECTION 14d OF THE OIL DEREGULATION LAW.**

COPW has always supported the Oil Deregulation Law because it provides safeguards against undue and unreasonable oil price increases at the expense of consumers.

Section 14d of the Law requires that any increase or decrease in the price of oil must first be submitted to the Task Force of the Dept. of Energy and the Dept. of Justice for approval. We do not see that this is being done.

COPW appeals to President Arroyo to ensure the strict compliance with Section 14d so that there is full transparency when price hike petitions are made.

## **GOVERNMENT MUST SHOW POLITICAL WILL TO MITIGATE INCREASE IN FARES AND TRANSPORT COSTS.**

COPW has requested the transport sector NOT to push through with a transport strike as this will hurt the riding public.

In return, LTFRB Chairman Thompson Lantion must make good on his pledge made last Nov. 9 that **colorum** and **kotong** practices will be eradicated before the Christmas season.

Also, COPW will work closely with PETRON to designate a number of gas stations in Metro Manila for the exclusive use of the public transport sector where they can avail of fuel at wholesale prices.

## **POWER RATES WILL CONTINUE TO RISE.**

Meralco says it will reduce residential power rates by 34-centavos per kwh beginning this November. That's the good news.

The bad news is that Meralco has a pending rate increase of P 9.20 per kwh representing its under-recoveries from September 2006 to July 2007, a lag of 14 months. The Energy Regulatory Commission has yet to act on this rate increase.

**Because a P 9.20 per kwh rate increase is big, COPW is requesting Meralco to stagger this increase over a 12-month period.**

## **PRICES OF PRIME COMMODITIES ARE RISING.**

The cost of raw material inputs of agricultural products have increased. As we approach the Christmas season, this means higher prices for rice, sugar, eggs, dressed chicken, meat, bread, noodles, pastries and cooking oil.

The large subsidies granted by the U.S., Europe, and South American countries to their farmers planting corn, wheat, coconut and palm oil for conversion to ethanol to displace petroleum-based fuel have tripled the prices of agricultural products in less than two years.

At the same time, the worst drought in 100 years has hit Australia and New Zealand, among the biggest exporters of wheat. This is why wheat prices are up.

## **GOVERNMENT MUST ENSURE THAT BASIC FOOD PRODUCTS ARE MADE AVAILABLE TO THE POOR AT SUBSIDIZED PRICES.**

A RATIONING PROGRAM to be implemented with the participation of religious groups, civil society, NGOs and the business sector will help the poor cope with price increases. Today the poor spend 55% of their income on food.

COPW will propose that the private sector and the Dept. of Social Welfare create a working group to implement and audit this rationing program. To maximize its benefits and to reach out to more poor people, accurate identification of beneficiaries and the use of control mechanisms such as ATM-type cards with magnetic strips can be considered.

For online posting of COPW issues, log on to <http://groups.yahoo.com/group/COPW/>



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#### Dear Colleagues:

It is my pleasure to invite you to attend the 2007 National Assembly for Diabetes Educators on November 19, 2007 at the Century Park Hotel. Our theme for this year is: New Frontiers Redefining Diabetes Treatment.

Years ago, when a patient was diagnosed with diabetes, it meant early death from cardiovascular disease often preceded by loss of eye, kidneys or limbs. Today, thanks to new drugs and technology, there have been many new options in treatment and technology that have made it possible for people with diabetes to live long, productive lives.

Our goal by this year's national assembly is to update our diabetes educators with the latest in these medical advances, while bringing them together for better networking and education.

A number of new therapies based on the biological actions of the insulin hormones (GLP-1 and DPP-4) have been developed. Many of these compounds improve glucose tolerance, lower HbA1c levels, preserve  $\beta$ -cell mass and increase beta-cell mass in pre-diabetic individuals. There are two types of insulin based drugs available – human insulin and human recombinant (rDNA) insulin.

New formulas of insulin have become more available. They have been designed to offer the advantages of simpler regimens and better glucose control with less risk of hypoglycemia and weight gain. All are human insulin analogs derived from recombinant DNA technology.

During this year's National Assembly, we shall also be introducing our new fellows to the Philippine College of Diabetes Educators as well as our new trainees Diabetes Educators. We will also be launching our Diabetes Care Training Academy, which will provide a continuum in our satellite clinics all over the country for our diabetes educators.

Please join us at the 2007 National Assembly of Diabetes Educators as we bring together diabetes care for the Filipino patient.

Dr. Augusto S. Litonjua  
President  
The Philippine Center for Diabetes Education Foundation, Inc.



## Philippine Center for Diabetes Education Foundation, Inc.

2007 National Assembly for Diabetes Educators  
November 19, 2007  
Century Park Hotel, Manila

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### PROGRAMME

TIME	TOPIC	SPEAKER
7:30-8:30	REGISTRATION	
8:45	Opening	Steven Dr. Carlo B. Morales
	National Anthem	Dr. Carlo B. Morales
	Invocation	Dr. Augusto S. Litonjua
	Welcome Remarks	Dr. Augusto S. Litonjua
9:00-10:00	Plenary Session	Chair: Dr. Yvette Amante
	"Understanding the Glucagon-like Effects of Insulin Hormones" Speaker: Dr. Augusto S. Litonjua	
10:00-10:30	Message from Philippine College of Diabetes Educators	Dr. Teresa Tytiling
	Introduction of new Associate Diabetes Educators	Dr. Augusto S. Litonjua Dr. Joy C. Francisco
	Introduction of new Fellows, Philippine College of Diabetes Educators	Dr. Augusto S. Litonjua Dr. Teresa Tytiling
10:30-11:00	Opening of Exhibit/Coffee Break	Dr. Augusto S. Litonjua Dr. Cynthia R. Sison
11:00-11:30	Symposium 1: Insulin-based Therapies	Chair: Dr. Susan Tuigan
11:30-11:45	"Enhancing the Insulin Effect with DPP-4 Inhibitors" Speaker: Dr. Maria Rosalina S. Gomez	
11:45-12:00	"Maximizing the Insulin Effect: Glucagon and Other Insulin Analogues" Speaker: Dr. Joy C. Francisco	
12:00-12:15	Open House	
12:15-12:30	LUNCH/EMPORIUM	
	"ADVANCE in Diabetes and Vascular Disease Management" Speaker: Dr. Augusto S. Litonjua	
1:00-1:15	WST'S EXHIBITS	
1:15-1:30	Moral Huddle	Chair: Dr. Susan Tuigan
1:30-1:45	Youth Dialogue: Transforming Testimonies into Action Speaker: Dr. Cynthia R. Sison	
1:45-2:00	"Insulin: A Practical Perspective" Speaker: Dr. Rosa Tap	
2:00-2:15	Coffee Break	

#### PARTICIPATING COMPANIES













# Applying for personal loans the fast and easy way

GE Money Bank's new facility allows consumers to apply for personal loans online

Monday, 01 October 2007 - 10:00  
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By simply logging in to the website at <http://www.gemoneybank.com.ph> and answering a few simple questions, you will see if you are initially eligible for a loan. If you qualify, you will be advised regarding the loan package the bank can extend to you. The facility will also flash a loan offer screen, eliminating uncertainties on the loan amount that you are qualified for. It's safe, secure and completely hassle-free! If

you decide to pursue the application, you will be directed to an on-line application form from which you can opt to completely fill out or be contacted instead by a GE Money Bank representative.

GE Money Bank's new channel is initially available for personal loan applications at flexible payment terms and for as low as 1.00% add-on rate per month. The loans offered through this new channel initially include personal loans, but will soon be offered for auto loans and home loans.

This new way to apply for loans with GE Money Bank is in line with the Bank's thrust to offer its clients simply better banking by removing the complications in the banking process for customers.



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GE imagination at work

## The WORLD

Editor Lawrence B. Gueco



PEZZAROLI, whose speaking in media, has said that parliamentary elections should be held on schedule, but that emergency rule would remain in place in case what the parliament has been and transparent.

## Musharraf: Emergency rule to last until polls

ISLAMABAD—GEN. PERVEZ Musharraf, the Pakistani president, appeared to yield to intense American pressure on Sunday by restoring parliamentary elections to early January, but he said his emergency decree would last at least through then, immediately raising new questions about the vote's legitimacy.

In officials and Musharraf's main political rival, the opposition leader Benazir Bhutto, endorsed his announcement as a small step. Still, any election held when hard-core liberal have been scrapped could easily pose credibility problems for Musharraf, who has become increasingly isolated politically and by 2008, who is expected to retire from office in return for participation in the election process.

Some opposition politicians and liberalists diplomats dismissed the election date as a move to ease the way against Musharraf's seizure of additional power. They questioned how the country could have free elections when his security forces have arrested 1,500 civilians, suspended the Constitution, blocked independent news channels and banned public gatherings.

"It's an attempt at a coup," said one liberalist diplomat, who spoke on condition of anonymity to his newspaper, which is a pro-West. "It's looking to see whether simply announcing an election date will please people."

In another equation of power, the government, announced yesterday that it has amended no army law so that soldiers could be prosecuted by military courts. The law has Pakistani civilians faced courts martial during the 11-year military dictatorship of Muhammad Zia ul Haq, which ended in 1988.

In Islamabad, the government said two politicians from the previous, Mr. Pervez Musharraf and Yusuf Moolana, would be charged with treason for procuring emergency rule. Musharraf, 66, said a government legal adviser, said the banning of army soldiers by political prisoners would also be prevented in military courts.

Musharraf announced the revised election date at his first news conference since prohibiting emergency powers eight days earlier, a move that has created global alarm about the political stability of Pakistan, a nuclear-armed country that is the most important American ally in the region and where Islamic militants have been ramping their reach. But Musharraf's support of demands at home and abroad to set a date for ending the emergency decree, which has effectively placed Pakistan under martial law.

Conceding defeat and increasingly isolated, Musharraf said the decree was precisely what was needed to fight the growing Islamic terrorism threat to the country and "create stability for and transparent elections."























TUESDAY, NOVEMBER 13, 2007

## BUSINESS

# Despite low Aug. figure, 8-mo net FDI flow up 26%

## Manufacturing, services sectors get bulk of foreign direct investments

By Doreen C. Quinsac

THE PHILIPPINES REGISTERED \$1.7 billion in net foreign direct investments (FDI) in the first eight months, up by about 26.2 percent year-on-year.

For August alone, however, the net FDI dropped \$63 million from year ago and nearly 60 percent from July to \$177 million, according to Philippine data showed.

Investors were jittery in August as most of the investment activities shifted away from the bid for valuing the mortgage market, sending equity markets tumbling across the globe.

During the first eight months last year, net FDI amounted to \$1.4 billion.

Unlike portfolio investments which are more volatile, FDI represents investments in long-term and major investments that are made in capital and labor investment. They are considered the most reliable form of financial flows.

The BSP reported that net equity inflows during the first eight months of this year were down-loaded from a year ago with the bulk of the investments going into manufacturing, construction, mining, real estate, financial intermediation and agriculture.

The biggest investments came from the United States, Japan, Singapore, South Korea, Hong Kong and Germany.

In manufacturing, the BSP reported that

products of electronics, health and chemical products, food, and consumer services and accessories really obtained the biggest share of FDI investments.

International credits, information technology development and multimedia services provided near the biggest trophies among the services sectors.

In the meantime, the other capital account—composed of intercompany lending between foreign direct investors and their subsidiaries in affiliates in the Philippines—recorded a \$25-million inflow from January to August 2007. This was, however, lower than the year-ago level by more than two-thirds due to repayment of loans made by subsidiaries to their parent companies.

The restructured earnings account, while modest, also posted a net inflow of \$11 million for the eight-month period, lower

from the \$176 million posted back in the first eight months last year.

The BSP noted, however, that the data for 2007 covered only the shortened earnings of local banks. Reestimated earnings of nonbank companies will be recorded when data from financial statements of companies become available, the central bank said.

The Philippines' gross domestic product (GDP), which came up all the goods and services produced in a given period, grew at its fastest pace in 30 years in the first semester. The second quarter GDP growth was recorded at 7.5 percent following a revised 7.3 percent expansion in the first quarter.

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ONES • TUESDAY FITNESS • WEDNESDAY 3BU • THURSDAY FOOD

The Anchor Institute Proven Nutrition Check-up Bus goes to where parents and their children are

## Nutrition campaign gets rolling literally

Text by Mike Mark M. Sison  
 Photos by David Banao

WITH ALL THE SUPPOSEDLY more nutritious food choices in grocery shelves and unlimited Internet access to information on nutrition, you would think parents have it easy nowadays in keeping their kids in tip-top shape.

Unfortunately the reality is vastly different.

A recent research conducted across the Greater Manila Area and Lucena by the Anchor Institute, a network of experts on families and nutrition, found that 56 percent of Filipino children were malnourished.

The study found that parents were spared for convenience, choosing to eat out, grab junk food and never missed, micronutrients or instant food instead of preparing nutritious home-cooked meals.

Children, the study also found, were learning to drink soda, coffee and artificial fruit juices as early age.

By unduly liberate and indulgent knowledge on proper nutrition among parents are resulting in an alarming rate of malnutrition among Filipino children.

Malnutrition stunts physical growth, reduces energy and increases the risk of illness and death.

It promotes children being overweight as well as poor.

Anchor Institute launched recently the Anchor Institute Proven Nutrition Check-up Bus to promote proper nutrition and help make the country's children healthier.

Get on the bus

The mobile clinic is a dream come true for many parents. First, it goes to where parents and their children are. Second, screenings and consultations are free. The need to buy anything. Third, the bus is equipped with state-of-the-art technology.

Inside the bus is the body analyzer, an equipment that precisely measures body

height, weight, muscle mass, fat mass, protein, mineral and water.

A kid is asked to lie on the small-looking machine for a couple of minutes. After the test is completed, results are printed out and given to the parent.

Qualified nutritionists, doctors, who are also on the bus, will assess the child's nutritional status and provide parents personalized and specific nutrition programs, completely free of charge.

To make sure parents can understand the consultation and fully understand the advice being given, Anchor has set up a play area inside the bus to keep the kids entertained.

Ramela Field, Anchor senior brand manager, said children would prefer nutrition advice from their parents than from a machine.

"By making experts more accessible to everyone, more children will learn about proper nutrition for their kids," he says.

"We believe that by doing this, we will be able to help children discover, grow and ultimately reach their full potential. This is in line with our mission of promoting children and supporting families by providing them the very best family nutrition."

The Anchor Institute also offered the help of celebrity nutritionist Don Enriquez Alarcon and Christine Berchillo-Robin in spreading information on how to improve child nutrition.

During the bus launch at the First National Elementary School in Makati, Alarcon and Berchillo shared health tips with other mothers and read stories to the kids. They also read the Study Analyzer, learning more about their own bodies.

Students and children lined up for free consultations and checkups in the mobile clinic.

The Anchor Institute Proven Nutrition Check-up Bus will be going around Makati, Manila and South Lucena in November, North Lucena in December, and Visayas-Mindanao in January 2008.

It had the author at [markm@anchor.com](mailto:markm@anchor.com)



## Antioxidants Anti-aging

If you think that antioxidants are only good for preventing diseases such as cancer and coronary heart disease, you're in for a big surprise. They also help slow down the process of aging by acting as a shield to your body's system and your skin cells from free radicals. That's because antioxidants prevent cell damage—one of the reasons for premature aging. Not only are they very important and effective tools, they also help increase your young state. Another one-upper: coffee is one of the richest sources of antioxidants, much more than you think, green tea and cocoa. So go ahead and make coffee a part of your daily diet and have healthily young glow from the inside out.

Look at coffee in a different way

NOV 13/07



INSIDE the bus is play area where children can have fun while parents wait for consultation.



PARENTS get nutrition advice from experts.



CELEBRITY nutritionists Berchillo-Robin and Don Enriquez Alarcon are on the bus during the bus launch at the First National Elementary School in Makati.

# THE BEER BELLY REDUCER

Fast And Easy Inch-Loss For Men

For men who want to lose that lagging and unsightly belly quickly and easily, now there is a solution! Plastic surgeons have invented a machine that can "melt away" stubborn, lumpy fat in a patient's abdomen — **ULTRASHAPE**. This treatment gets rid of unwanted bulges and, unlike liposuction, does not require surgery. It's very effective in removing excess stomach fat, even handles oil fat in other areas.

**FAST, EFFECTIVE AND SAFE**, it's the most advanced, non-invasive method of fat reduction to date. It works by focusing high frequency ultrasound waves that cut the fat slowly, to targeted areas. These ultrasound waves break down fat cells without damaging blood vessels or other tissues. The fat cells are then eliminated through natural processes over a period of about 3 weeks. In the same way the body dissipates the discoloration from a bruise.

Ultrashape was founded 5 years ago in USA by Ann Gluckman M.D., formerly a senior plastic surgeon and Treum Medical, INC., M.D., a leading expert in high-power ultrasound technology. When they developed Ultrashape, it was well known that ultrasound waves

were able to break down and destroy fat cells, releasing the fat contained within them. Gluckman and Treum built on that to come up with the unique concept of Ultrashape.

Ultrashape is the first and only non-surgical fat-destroying treatment. It promises a reduction of up to 2 cm. in a single session. It is such a hassle-free procedure. You walk in, get the treatment and go straight to your next appointment. It's as easy as that. Almost no downtime, no pain and no recovery is needed. Patients can resume their normal activities right after a treatment. It does not have the risks



**Ultrashape promises an average loss of about 2 cm. in a single treatment.**

of liposuction and can be used to effectively deal with problem areas of fat.

Normally about 4 or 5 sessions are recommended to fully achieve the result required. Both men and women who have tried it were impressed by the immediate results after just a single session. Proven effective, Ultrashape is definitely a breakthrough in fat reduction.

Ultrashape is now available at Marie France FOR MEN. Call 013-7990 for your free consultation. All consultations and treatments are strictly conducted in private.















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2 EXILE, THE HEART	12.00 15.00 20.00 25.00 30.00	7 WIDE AND BEER	12.00 15.00 20.00 25.00 30.00
3 30 DAYS OF NIGHT	12.00 15.00 20.00 25.00 30.00	1 EL SANTITO	12.00 15.00 20.00 25.00 30.00
4 EXHORT SON	12.00 15.00 20.00 25.00 30.00	2 GAME PLAN	12.00 15.00 20.00 25.00 30.00
5 WALLS - A STORY	12.00 15.00 20.00 25.00 30.00	3 JUNE - A LADY	12.00 15.00 20.00 25.00 30.00

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**A FILM BY DOCKEY FERNANDEZ**

**5-24242** is a moving love story of a couple separated by time, who find themselves together again in the spirit of the times. It is about marriage, love and life. The story is just from the point of view of Aggie, a woman who lives in New York and has to find her way back to the man she is in love with. Watch this only at Rotonode MovieWorld 5-24242

<b>BALLS OF FIRE</b> <b>R</b> 11:00 A.M. 1:00 P.M. 3:00 P.M. 5:00 P.M. 7:00 P.M. 9:00 P.M.	<b>GAME PLAN</b> <b>G</b> 11:00 A.M. 1:00 P.M. 3:00 P.M. 5:00 P.M. 7:00 P.M. 9:00 P.M.	<b>EL CRIMINALE</b> <b>R</b> 12:00 A.M. 2:00 A.M. 4:00 A.M. 6:00 A.M. 8:00 A.M. 10:00 A.M.
<b>WE OWN THE NIGHT</b> <b>R</b> 12:00 A.M. 2:00 A.M. 4:00 A.M. 6:00 A.M. 8:00 A.M. 10:00 A.M.	<b>JUST CAUTION</b> <b>R</b> 12:00 A.M. 2:00 A.M. 4:00 A.M. 6:00 A.M. 8:00 A.M. 10:00 A.M.	<b>LOVE FOR LARRY</b> <b>R</b> 12:00 A.M. 2:00 A.M. 4:00 A.M. 6:00 A.M. 8:00 A.M. 10:00 A.M.

a breasted, parakeet-like bird

A FILM BY SAMANTHA RILEY

# GHOST SON

LORENZO DI MONTE    JOHN HOSKINS    PETER PEGLEY

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# Pretty boy spews VENOM

By Robert San Diego Jr.  
Photos by Rudy Lopez

NOVEMBER 1990. RICHARD GUTIERREZ stands his body aches that he's not a model.

He is a professional actor on the set of "Venom," he had to remain composed while other models were made to crawl all over his body.

"I was a different experience," he recalls. "I was nervous at first, but I had to remain calm. In any case, I was assured that the models were not interested and were just looking at me."

Richard had a quick entry into the industry, thanks to his previous work as a model.

Animal lover

It helps that he's always been fascinated with animals.

"I did a lot of preparation... physically and mentally—for the role," he recalls.

To help Gutierrez get in character, the director asked him to visit a local animal shelter. "I was in a lot of pain from the work," he says. "I was in a lot of pain from the work, but I was in a lot of pain from the work."

Gutierrez explains, "Richard was not in a lot of pain from the work, but I was in a lot of pain from the work."

For a new 'fantasy,' a matinee idol learns to slither and grapple like a snake from an 'ultimate' fighter

regimes that would force an appreciation of the work."

"I was in a lot of pain from the work," he says. "I was in a lot of pain from the work, but I was in a lot of pain from the work."

The actor admits that his "hardcore" persona is different from the other roles he has played in the past.

"My director, Mark Ruffalo, and the crew had a lot of fun with me."



RICHARD Gutierrez and his snake are both snakes in the new movie. He will also be a snake in his next movie.



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YOUNG actor Richard Gutierrez is different from his past roles.

at character. For one thing, he has never been in a body.

"Working with new people makes my job interesting," says Gutierrez.

It is also Gutierrez's first time to work with a director who is not a fan of his.

Gutierrez points out that although he is a fan of the director, he has also played the role of a snake in the past.

"We were up with a snake people and a snake people."

He says, "This is the most interesting project I've worked on because it combines 'Venom' and 'Snake' and 'Snake' and 'Snake'."

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# Intrigued by 'Tribu,' diplomats visit Tondo

By Marked R. Cruz  
Photos by Rudy Lopez

"WHAT CAN WE DO FOR TONDO?"

That was the question diplomats from the European Union asked themselves when they arrived in Manila after watching the nationally televised film "Tribu."

In response, the diplomats brought the film to the attention of the Philippine government.

The film, which was shown in Manila, was a documentary about the lives of the people in Tondo.

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LIFE goes on for Tondo residents who are used to seeing foreigners making the area.



MEMBERS of the European diplomatic corps are welcomed on the living conditions of Tondo residents.

Medical team from the European Union arrived in Manila after watching the nationally televised film "Tribu."

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